

# Yoga with Anna Knowles BWY Dip.



## Price List for Private Lessons

	One Person	Two People	Three People
1 hour	£55	£70	£90
5 lessons	£248	£315	£405
10 lessons	£468	£595	£765
1hr 30 mins	£75	£90	£112
5 lessons	£337.50	£405	£504
10 lessons	£637.50	£765	£952

Anna is a British Wheel of Yoga Foundation Course Tutor holding the BWY Teaching Diploma (500hrs) having also trained in Yoga Nidra, Menopause Yoga and Yoga Therapy for Restful Sleep.

Anna is fully insured and holds an Emergency First Aid at Work Certificate.

Private yoga lessons from the comfort of your own home.  
1:1 or small group sessions are available.

An additional charge may need to be added to cover petrol and time depending on where you are located. This would be discussed and agreed between us ahead of time.

Your own yoga mat and props are required.

Please note cancellations and re-bookings need to be received 24 hours in advance. If under 24 hours notice is given the session will be charged in full, this applies for individuals that cancel from a group session (ie 2 or more people). Bookings are non-refundable.

I look forward to sharing this wonderful practice with you, namaste.

